

# Weekly Activities

28<sup>th</sup> April -  
1<sup>st</sup> May

ACTIVE WEEK

# Content:

## 1. Fitness Snakes and Ladders

Traditional Snakes and Ladders with a Twist. Children roll 2 dices. They may add, subtract the higher number from the lower number, or multiply the numbers together (decided before the game begins) to discover the number of places they can move forward on the board. If they land on the colour they must perform the corresponding activity to remain in the space. The first person to 100 wins! Online Dice - <https://dice.virtuworld.net/?sides=9&nr=2>

## 2. Writing Procedure

How to Play Snakes and Ladders. Don't forget the rules for procedure writing which can be found here: (Page 11) <https://www.pdst.ie/sites/default/files/Writing%20Booklet%20to%20circulate.pdf>

## 3. Read and Colour Activity

## 4. Name as Many Sports as You Can

Put them in alphabetical order.

## 5. Addition Colouring

<https://www.khanacademy.org/math/arithmetic/arith-review-add-subtract/arith-review-add-within-100a/v/addition-with-regrouping>

## 6. Subtraction Colouring

<https://www.youtube.com/watch?v=Iw5imYpJPlw>

## 7. Drawing Activity

And don't forget to  
check out our weekly  
challenge!!!

# ACTIVE Snakes and Ladders

5 Push Ups

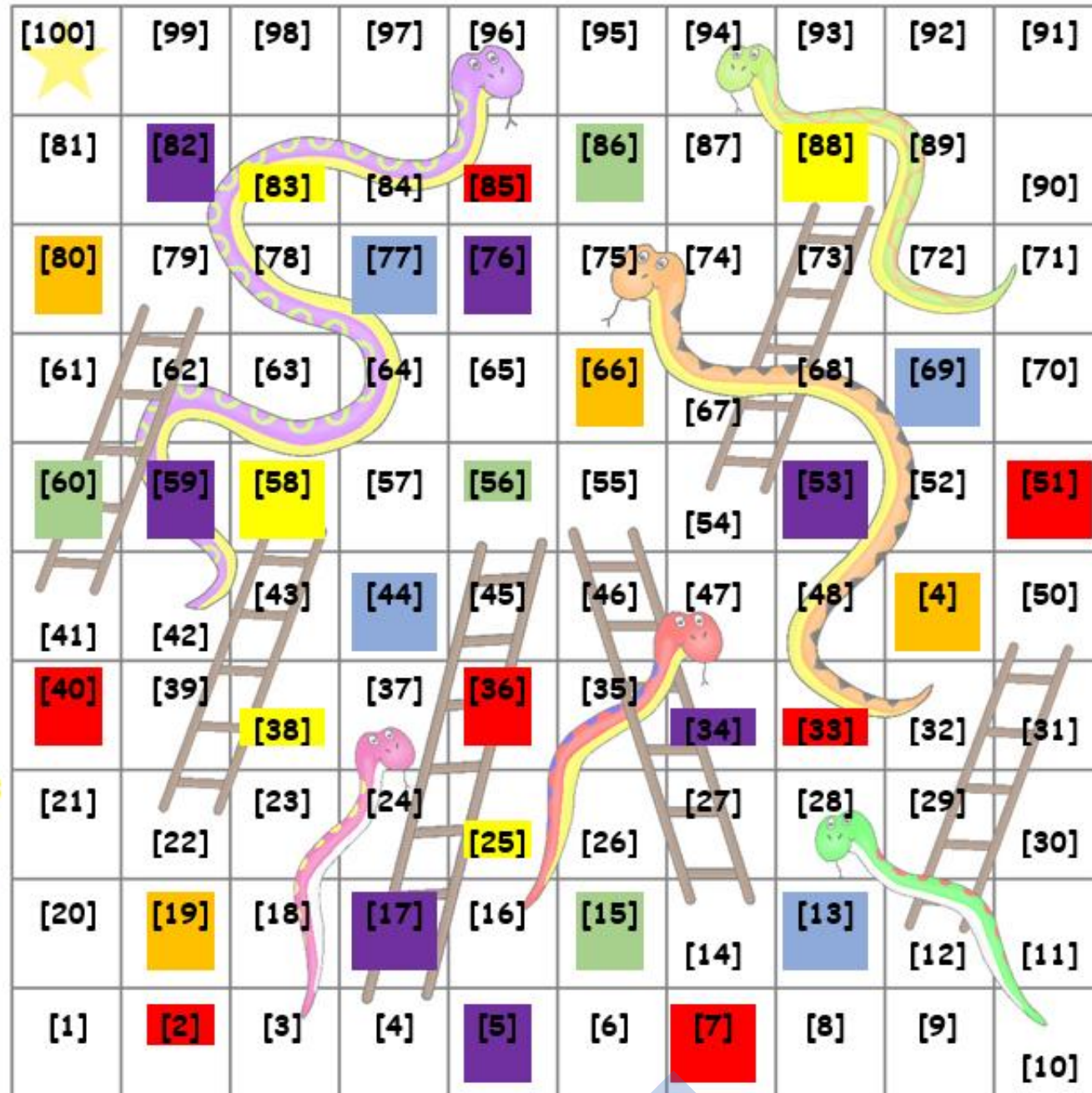
10 Sit Ups

20 Star Jumps

Run on the Spot for 10 Seconds

15 High Knees

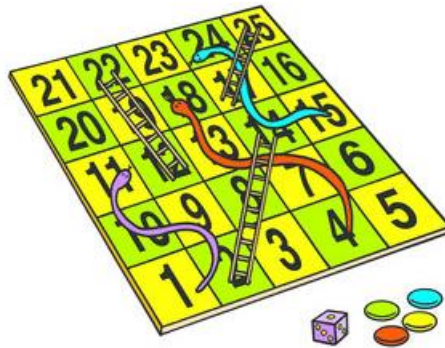
Hold the Plank Until Next Turn



# Procedural Writing

## How To Play Snakes and Ladders.

Materials Needed:



First, \_\_\_\_\_

\_\_\_\_\_

Then, \_\_\_\_\_

\_\_\_\_\_

Next, \_\_\_\_\_

\_\_\_\_\_

Last, \_\_\_\_\_

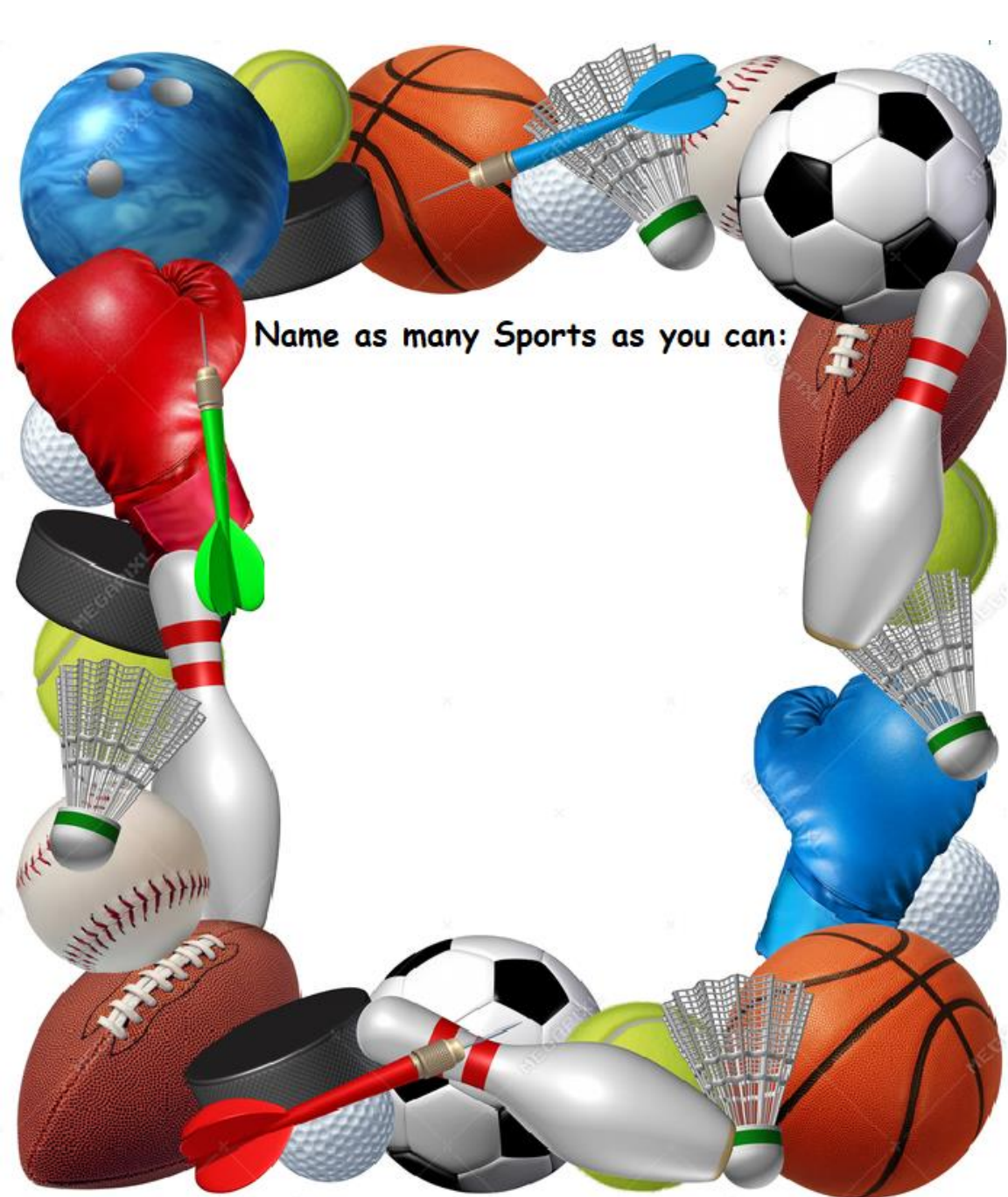
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# Read and Colour



1. Color the letter "S" purple.
2. Color the other letters orange.
3. Color the door yellow.
4. Color the roof blue.
5. Color the surfboard green and blue.
6. Color the girl's swimsuit pink.
7. Color her hair black.
8. Color the rest however you like!

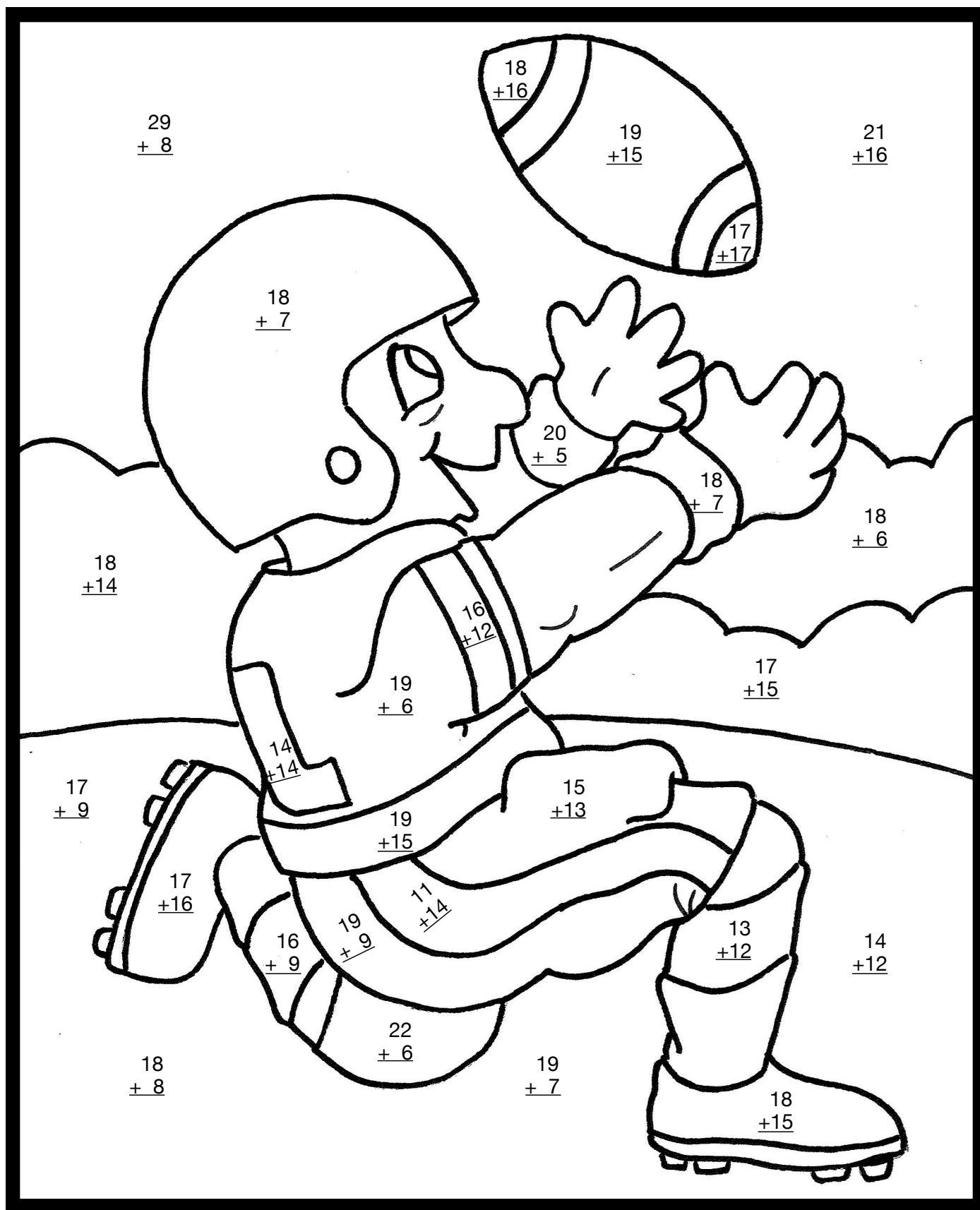




Name as many Sports as you can:

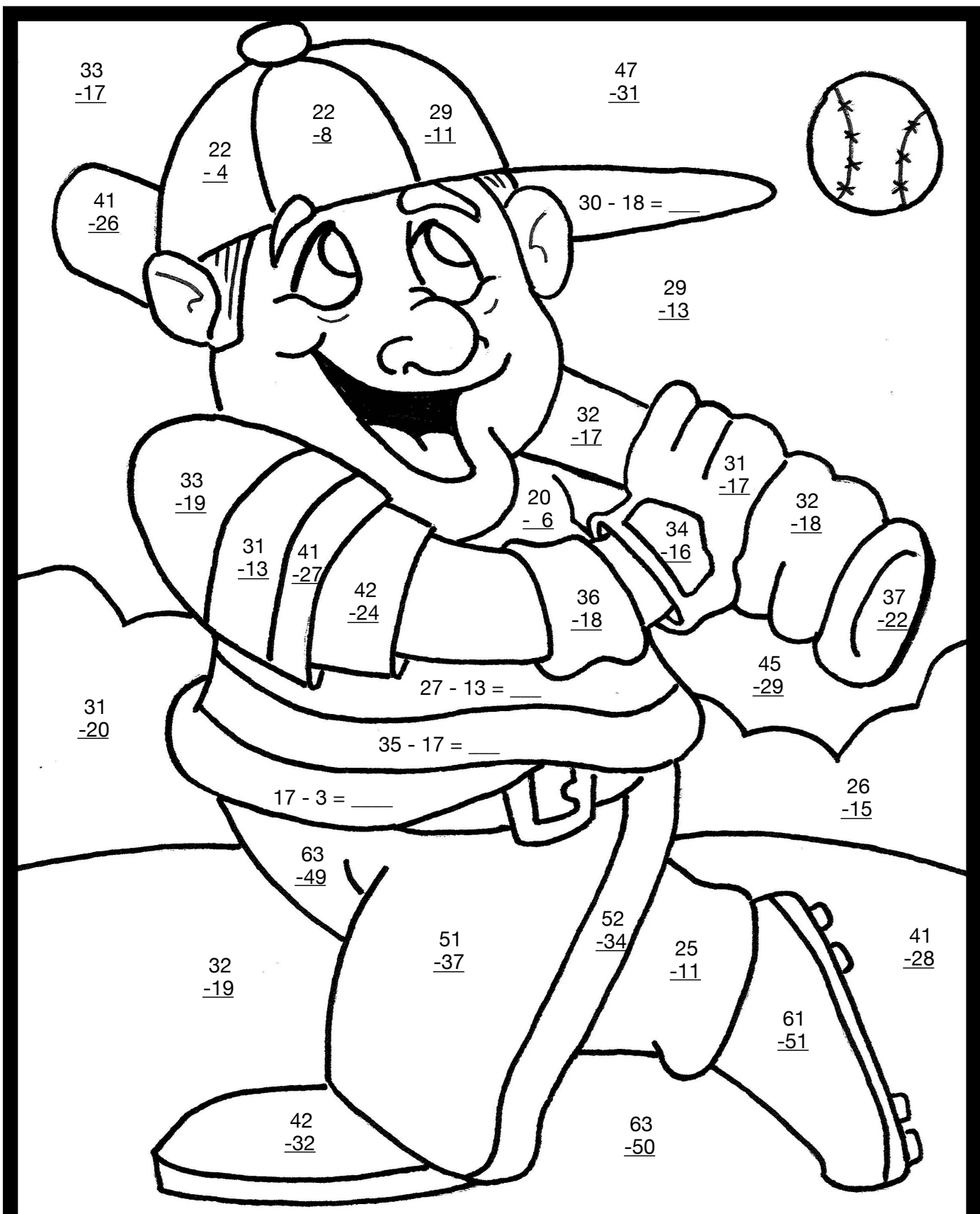
Now Write them in Alphabetical Order.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.



24 - Purple  
 25 - Red  
 26 - Light Green  
 28 - Yellow

32 - Dark Green  
 33 - Black  
 34 - Dark Brown  
 37 - Light Blue



10 - Black  
11 - Dark Green  
12 - Brown  
13 - Light Green

14 - Yellow  
15 - Tan  
16 - Light Blue  
18 - Blue



# Drawing Activities

Choose one of the following and draw along with the video 😊

How to Draw a Swimmer - <https://www.youtube.com/watch?v=9GD2b1VGTgQ>

How to Draw a Sports Shirt - <https://www.youtube.com/watch?v=-9IHl1oTGZU>

How to Draw a Soccer Player Girl - <https://www.youtube.com/watch?v=4xVUqag8WCw>

How to Draw Ronaldo - <https://www.youtube.com/watch?v=FZMtzCglzoY>

How to Draw a Horse - <https://www.youtube.com/watch?v=tQNbRUuzLXw>

Or Choose one of your own....

It must be sports related. It's Active Week after all!

# HAVE FUN!!!