

Two-Digit Addition and Subtraction (A)



How to Prepare for a Trip to the Cinema.

Agrendis	Permission from Parents, Money, Treats, Bus
	FIFSt
	Then
	NCXt

SONIC WORD SEARCH

S C e e S n r e a e t i L u m u t a S S I e r m n p a C p u i b r e e g g e n e i S g r r e a a a e d a У k e n C m n d i y C S 0 t 0 u 0 d n m b a Z e p i k k n u C e S a S i h k a C 0 W S t W i h I I C S S 0 n

Tails Race Eggman Hills Knuckles Spin Speed Blue Amy Rings Wachowski Streak Sonic Super Blaze **Emerald** Scientist **Dominate**



Name: Date:

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2011	10	LIIC	HEU	gehog	

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Key:

15	Tan	
16	Light Blue	
17	Dark Blue	
18	Black	

*Blank squares are white



Sonic the hedgehog loves to use

COPING SKILLS

when he's upset!

Sonic is learning many new things at school this year. Sometimes it's hard for Sonic but he knows if he works hard it will get easier every

day! Sonic makes mistakes sometimes but he never gives up because Sonic knows making mistakes is how we learn. Sonic knows the expectations for class and if he works hard to follow them, he will be awesome.

During School:

Sonic ALWAYS follows his rules!

- 1. He is always respectful!
- 2. He keeps his body parts to himself!
- 3. He completes his work!
- 4. He follows directions!
- If Sonic gets sad, mad or frustrated, he knows he can ask a teacher for help!

Go to the Zen Den	Count to 10	Ask for a Break	Stop & Think
Walk away	Get a drink	Squeeze a Stress Ball	Write in his journal

Sonic Never:

- 1. Hits his friends or destroys their property.
- 2. Yells at his friends.
- 3. Interrupts his teachers.
- 4. Says rude or inappropriate things.
- 5. Gives up.







Coping Journal







Right now, I feel: Sad Mad Frustrated Something e	lse
I feel this way because:	
5 G	
Yes! I used my coping skills and made a positive choice	ce!
No, I did not use my coping skills, but I will work hard	ler next time.
Date:	

Right now, I feel: Sad Mad Frustrated Something else	
I feel this way because:	
The A Control of the Action of	
Yes! I used my coping skills and made a positive choice!	
No, I did not use my coping skills, but I will work harder next time.	
Date:	

Right now, I feel: Sad Mad Frustrated Something else
<u> </u>
I feel this way because:
EW44
Yes! I used my coping skills and made a positive choice!
No, I did not use my coping skills, but I will work harder next time.
Date:
Right now, I feel: Sad Mad Frustrated Something else

I feel this way because:
Yes! I used my coping skills and made a positive choice! No, I did not use my coping skills, but I will work harder next time. Date:

Lets Draw Our Heroes and Honour Them



WE ARE CALLING ON ALL YOUNG PEOPLE UP TO AND INCLUDING 18 YEARS OF AGE TO DRAW A PICTURE OF THEIR REAL LIFE HERO IN THIS DIFFICULT TIME OF THE CORONA VIRUS.



WHO IS YOUR HERO DURING THIS DIFFICULT TIME?

YOUR HERO COULD BE A DOCTOR, NURSE, PHARMACIST, AMBULANCE SERVICE, GARDAI, FIRE SERVICE, ARMY, AN POST, SHOP ASSISTANT, VAN DRIVER, LEO VARADKAR, SIMON HARRIS, DR. TONY HOLOHAN, YOUR GRANNY COCOONING - IN FACT ANYONE WHO IS PLAYING THEIR PART TO KEEP US ALL SAFE.



THERE ARE 4 AGE CATEGORIES
AND PRIZES RANGE FROM
€50 TO €500.

The artists and their heroes in the winning portraits will also be honoured at a special presentation in August 2020 (which will be confirmed at a later date)



DOWNLOAD
THE ENTRY FORM
AND DETAILS AT

www.drawourheroes.ie









































