#### 2<sup>nd</sup> Class Home Learning Activities Monday 8th June - Friday 12th June

#### **Active Week**

This week is Active Week and we have planned lots of fun active things for you to try. Normally we would be enjoying our Sports Day this week but this year because we can't have Sports Day together you will get the chance to do lots of different activities at home instead. The teachers will post out medals to some of the children who make an exceptional effort during the week.

#### Lucan East 2km Challenge

As well as the activities below you can take part in the Lucan East 2km challenge. Challenge yourself to do 2km of activity each day; walk, run, scoot, cycle or move any other way you like. Check the Lucan East Twitter page each day to find out our whole school total and look and see how far around the world we have travelled together!



	Monday 8th June	Tuesday 9th June	Wednesday10th June	Thursday 11th June	Friday 12th June
10 @ 10	Each day you will have the	Click here to do today's 10	Click here to do today's 10	Click here to do today's 10	Today's video will be
	chance to complete a 10	@ 10 video.	@ 10 video.	@ 10 video.	emailed later in the week.
Get Ready,	@ 10 video. This will be an				
Be Active!	active challenge set by	Tuesday 10 @ 10	Wednesday 10 @ 10	<u>Thursday 10 @ 10</u>	
	one of the teachers and it				
	should take you around 10				
	minutes to do it. You can				
	do it at 10am or at any				
	other time you like!				
	Click here to do today's 10				
	@ 10 video.				
	Monday 10 @ 10				

## Activity 1 Reading Comprehension Read the text below called

Sports Day carefully then answer the questions.

#### Sports Day

Sports Dog is a fun morning, afternoon or full day where children tabe part in all sorts of sporting activities at school. It is also sometimes known as Field Dug or Athletics Dag. Sports Dag is usually held outside, on the school field or plagground, so most schools in the UK hold their Sports Dag in the summer term, during May, June or July, Schools might pick a first date and also have a standay date, in case of bod weather.



Competition Time

- Some schools choose to have Sports Day just for fun and some have a competitive Sports Day where children score points for their team, school family group or school house.

 If it is a competition, the winning team might win a trophy!

 You might earn a rosette, certificate or medal too

Which Sporting Activities Are There?

Every school chooses their own sport activities to include. There are many different races, including running, egg and spoon, space hopper, mini-hurdles, dressing up, skipping, sack, three-legged, bat and ball, obstacle and relay.







#### Maths - Mental Maths Skills

This is a game using the deck of cards from your Maths pack.

The game is called Dice Match and will help improve your mental Maths skills.

Place cards in 4 rows facing up. Put the leftover cards in a pile.



Each player takes it in turn to roll 2 dice and add up the total number of dots. Then find one card that is the same number as the total of dots on your two dice. Every time a player picks a card up, replace it with a card from the pile.

Key: Ace = 12 and 1 King, Queen and Jack = 11

The person with the most number of cards at the end wins!

#### **Sports Day Story**

Write a story about Sports Day. You can use the story starter below to help you. Think about what exciting things might happen in your story.

Sports Day

what each	ory about Sports Day. Y Ing thing might happen	in your story. Use	these ideas to help yo	u if you are stuck:
- 11 - 11 - 12	to and your feath work rise best runner in class to starts rathing all of the size starts rathing all of the size to seachers have a race to deat your own record	tals over and loses udden and everyor egainst each other	the race re has to go back that	Se
Remembe	osal m ässembly er to use capital letters o peginning, a detailed r			your story has a
weather	d out of bed and ra . As I peeped beh Hooray! I was so	ind the curtain	saw the sun shi	ning brightly in
=				
_				

#### **Maths Word Problems**

Complete the Sports Day themed word problems below. Remember to use RUCSAC to help you:

Read the question

**Underline** the important information

Choose whether it is adding or taking away

**Solve** the problem (use the column method or your hundred square)

**Answer** the question

Check your answer

#### **Reading Comprehension**

Find out why the Jamaican runner Usain Bolt has broken so many Olympic records by watching these clips:

https://www.youtube.com/ watch?v=63zlaB4ebcM

https://www.youtube.com/watch?v=F14EaVEDyUs

Read the text below about Usain Bolt carefully. Then answer the questions, using full sentences for each answer.



"I'm shocked—I'm still shocked. I have seen aspiring to the world record for so

Usain Bolt was born on August 21, 1986, in Jamaica, and has a brother and a sister while his pasterns and he local genery storn Soits spent his time playing cricked he has to be soit to be soit and the soit of the Archelond, a could redde Holt's spend and told him to try track and field. By age fifties Belt, nicknamed "Lightning Bolt", was the youngost male World Jamoor Champson in 400-00-meter events.

Bolt won the 200 meter in Beijing less than two hours before turning twenty-two. In the 2012 Olympics, he won gold again in both tha 100-meter and 200-meter rucus. He also helpes usin Bill dell'use gidd models in the 2006, 2012, and 2016 propris Genera.

BIDGERAPHY
Name: Usain Bolk
Birthdate: August 21, 1986
Home: Country: Jennaica
Evente:
men's 200 meter
men's 200 meter
men's 200 meter

his tuam was good in the 6x100-motor relay. In 2016, he won good in the same three relay. He was the first person to win the 100-meter nee at three Clympies in a row. In 2017, Bolt announced that he was refiring from track and field.

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#### **Activity 2**

#### Kicking Game - Kick To Score

This week we are going to be sharing lots of **active activities** with you. These have all been taken from: <a href="https://sites.google.com/holyangelsns.ie/virtualsportsday/home">https://sites.google.com/holyangelsns.ie/virtualsportsday/home</a>

Draw and stick different targets, at different heights onto a wall:



Points can be placed at the centre of each target. Try to hit the targets on the wall (by throwing or kicking a ball) to achieve a high score.

Watch this video to show you how to do it: https://youtu.be/XCGol4Y2 Txk

#### Balance Game - Open Air Twister



Don't worry if you don't have Twister at home - you can make your own.

There are lots of free apps you can download that will replace the Twister clock:



#### **Obstacle Course**

Set up an obstacle course in your garden or house, or in the park. Time yourself completing it, then see if you can beat your time.

Watch this for inspiration: <a href="https://www.youtube.com/watch?v=Vse8nSgNx9M">https://www.youtube.com/watch?v=Vse8nSgNx9M</a>

Don't worry if you don't have this equipment at home. You can use:

- food tins or bottles instead of cones,
- string or skipping ropes instead of rope,
- rolled up socks instead of bean bags
- mops/brushes instead of agility poles.

Remember to send your obstacle photos or videos to your teacher!

#### Running Game - Rock, Paper, Scissors Tag

This game needs to be played in pairs. You need to stand opposite each other in the middle of your garden or park.



Begin by performing the 'Rock, Paper, Scissors' routine. A rock is a closed fist, paper is a flat hand, and scissors are the index and middle fingers in a cutting position.

Remember: Paper always covers rock, rock breaks scissors and scissors cut paper.

Count to three, then make your rock, paper or scissors. The winner has to chase their partner and try to tag them before they get to the safety line (this could be the wall around your garden, or a marker in the park.

Watch this to show you how to play it: https://youtu.be/oYCPKHFvv eM

## Orienteering - Funny Faces

This can be played in your garden or in the park.

Choose one of the maps below and place the pile of equipment needed to make the face in the middle of your garden or an area in the park. You don't have to use exactly the same equipment as the maps show - you can use crayons, tins, bottles, books, pens, paper plates, cups or rolled up socks. You can also draw your own map.

Start by looking at the key and the map and choose an item of equipment to collect. Run to the pile of equipment and collect your item, then run back to place your item down where the map tells you. You can only collect one piece of equipment each time. Keep going until your funny face is completed.

You can work with someone to complete the face, or by yourself against the clock.

		You can mark out the Twister mat by using chalk or card/paper. This is what it should look like:	Here is an example to help you:		Printing Face 1 Hoppy 10 11 11 12 12 13 15 15 15 15 15 15 15 15 15 15 15 15 15
		Lojsmy,  Twister	SOCK BAG BALANCE BAG RIPON  BALLOON  BOPE  TUNNEL		There are more maps below or on this link:  https://www.britishorientee ring.org.uk/images/upload ed/downloads/schools_tri o_resources.pdf  Watch this video to show you how to complete this tasks: https://youtu.be/wukOb2owkWY
Daily Optional Extra Workbooks Activities	15 mins daily reading Maths Challenge 42 Just Handwriting p. 56 Spellbound p. 64, ex 1	15 mins daily reading Maths Challenge 43 Just Handwriting p. 57 Spellbound p. 65, ex 2	15 mins daily reading Maths Challenge 44 Just Handwriting p. 58 Spellbound p. 65, ex 3	15 mins daily reading Just Handwriting p. 59 Spellbound p. 65, ex 4	Friday spelling test Choose any 10 words your child has been practising this week and ask them to write them in the back of their book.

#### **Monday - Sports Day Reading Comprehension**

## Sports Day

Sports Day is a fun morning, afternoon or full day where children take part in all sorts of sporting activities at school. It is also sometimes known as Field Day or Athletics Day. Sports Day is usually held outside, on the school field or playground, so most schools in the UK hold their Sports Day in the summer term, during May, June or July. Schools might pick a first date and also have a standby date, in case of bad weather.

#### Competition Time



- · Some schools choose to have Sports Day just for fun and some have a competitive Sports Day where children score points for their team, school family group or school house.
- · If it is a competition, the winning team might win a trophy!
- · You might earn a rosette, certificate or medal too.

#### Which Sporting Activities Are There?

Every school chooses their own sport activities to include. There are many different races, including running, egg and spoon, space hopper, mini-hurdles, dressing up, skipping, sack, three-legged, bat and ball, obstacle and relay.















#### Families

Most schools invite parents, carers and families to watch and cheer on Sports Day. They are called 'spectators'. Your friends and teachers will be there too! Some schools also have an adults' race for parents and adult family members, and a toddler race for younger brothers and sisters.



# Questions

1.	Tick	two: What is Sports Day also sometimes known as?
		Field Day
		Christmas Day
		Athletics Day
		Bank Holiday
2.	Why	might a school need a standby Sports Day date?
3.	Tick	three: Things you might win or earn on Sports Day are
		a pen
		a trophy
		a rosette
		a test
		a medal
4.	Find	and copy one word which means 'earn'.
5.	Com	plete the sentence.
	Som	e schools also have an adults' race for parents and adult family
	mem	bers, and a toddler race for
		_



Write a story about Sports Day. You can use the story starter below to help you. Think about what exciting thing might happen in your story. Use these ideas to help you if you are stuck:

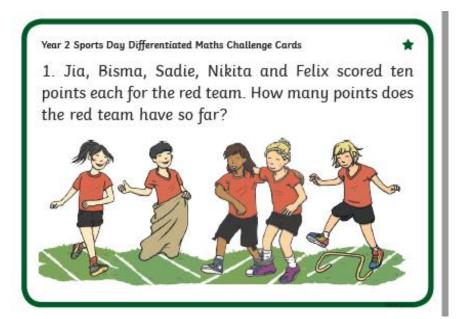
- · You and your team work really hard together and win all of the medals.
- · The best runner in class falls over and loses the race
- It starts raining all of the sudden and everyone has to go back inside
- The teachers have a race against each other
- You beat your own record of most kick-ups with a ball and Grainne gives you a medal in assembly

Remember to use capital letters and full stops in your story and make sure your story has an interesting beginning, a detailed middle and an exciting ending!

I jumped out of bed and raced to my bedroom window to check the weather. As I peeped behind the curtain I saw the sun shining brightly in the sky. Hooray! I was so excited because today was Sports Day.



#### **Thursday Maths - Sports Day Word Problems**













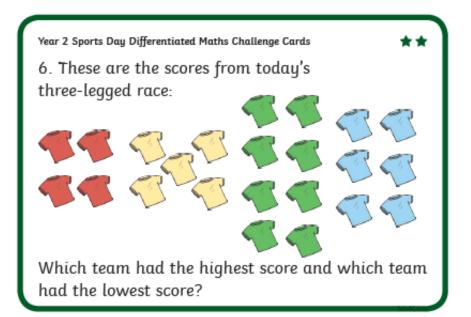
5. Marcel jumped 48cm, Neville jumped 55cm and Gethin jumped 52cm in the long jump. Compare these jumps by filling in the gaps below with the signs < and >.

Marcel's jump Neville's jump

Neville's jump Gethin's jump

Gethin's jump Marcel's jump

1....



Year 2 Sports Day Differentiated Maths Challenge Cards



7. Jia, Rasha, Carter, Turkan, Mei and Aisha each threw the ball once. Each throw scored 3 points. How many points did they score altogether?





Year 2 Sports Day Differentiated Maths Challenge Cards

8. At half time, the yellow team was scoring 87 but they had to have 24 points taken off. What was the yellow team's real score?



### Usain Bolt: Fastest Man Alive

Usain Bolt dramatically became the world's fastest sprinter at the 2008 Summer Olympics in Beijing. He won gold medals and broke the world record in both the 100-meter and 200-meter races.

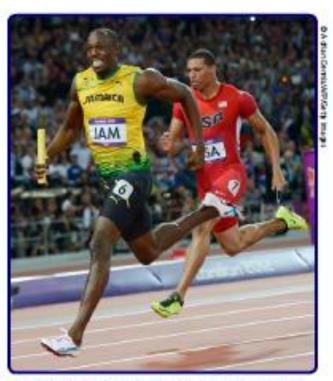
Usain Bolt won the 200 meter by four body lengths in Beijing! He blew through the finish line in 19.30 seconds and broke Michael Johnson's twelve-year record (19.32 seconds). Bolt won the 100 meter with a world record of 9.69 seconds—and he didn't even sprint the last 20 meters (66 ft.)!

"Incredible. This guy is Superman II!" said former 200-meter-record-holder Michael Johnson after Bolt's spectacular 200-meter race.

"I'm shocked—I'm still shocked. I have been aspiring to the world record for so long," said Bolt of the 200-meter race.

Usain Bolt was born on August 21, 1986, in Jamaica, and has a brother and a sister. While his parents ran the local grocery store, Bolt spent his time playing cricket (a batand-ball sport) in the streets with his brother. At school, a coach noted Bolt's speed and told him to try track and field. By age fifteen, Bolt, nicknamed "Lightning Bolt," was the youngest male World Junior Champion in the 200-meter event.

Bolt won the 200 meter in Beijing less than two hours before turning twenty-two. In the 2012 Olympics, he won gold again in both the 100-meter and 200-meter races. He also helped



Usain Bolt (Jeft) won gold medals in the 2008, 2012, and 2016 Olympic Games.

#### BIOGRAPHY

Name: Usain Bolt Birthdate: August 21, 1986 Home Country: Jamaica

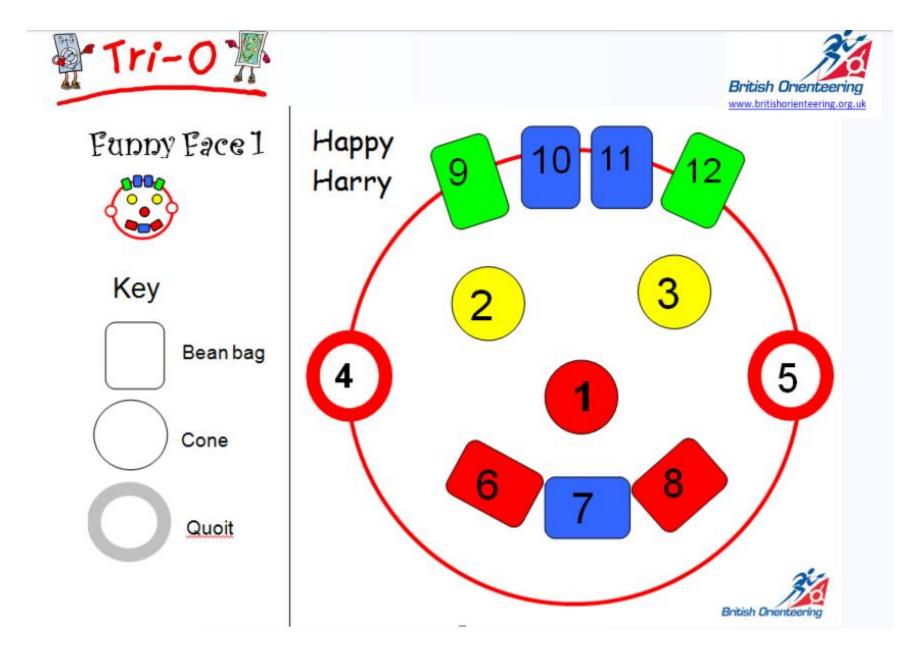
#### Events:

men's 100 meter men's 200 meter men's 4x100-meter relay

In 2016, he won gold in the 4x100-meter relay. In 2016, he won gold in the same three races. He was the first person to win the 100-meter race at three Olympics in a row.

In 2017, Bolt announced that he was retiring from track and field.

Write the answers to these questions on a piece of paper of in a copy. Remember to write in <b>full sentences</b> .
1. Which races did Usain Bolt win gold medals in during the 2008 Summer Olympics?
Usain Bolt won gold medals in
2. What job did Usain Bolt's parents do?
3. When did Usain Bolt decide to retire from running?
4. Which country is Usain Bolt from?





# British Orienteering www.britishorienteering.org.uk

## Funny Face 3



Key

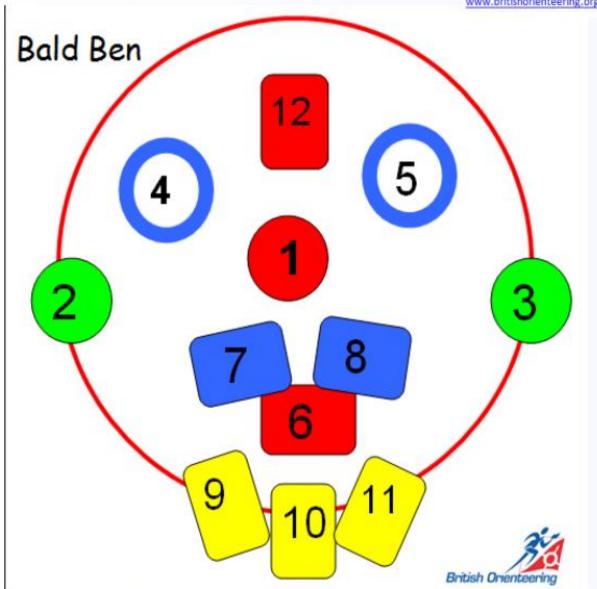
Bean bag



Cone



Quoit







# Funny Face 5



## Key



( ) Cone

Quoit

